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1. Simons DG, Travell JG, Simons LS. Travell and Simons' Myofascial Pain and Dysfunction: The Trigger Point Manual. Volume 1 Upper Half of Body. 2nd ed. reliability of the palpation of trigger points in the trunk and lower limb muscles. Myofascial Pain and Dysfunction: The Trigger Point Manual. Vol. 2. Baltimore, MD:

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Changes in pressure pain sensitivity in latent myofascial trigger points in the upper trapezius muscle following a cervical spine manipulation in pain-free subjects. dysfunction: the trigger point manual. In: second ed. vol. 1. Lippincott William & Wilkins, Baltimore, pp A histological study of the deep fascia of the upper limb.

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of musculoskeletal rehabilitation of regional axial and limb pain syndromes. . Arch Phys Med Rehabil Vol 83, Suppl 1, March 2002 in the upper trapezius muscle. (1) Is there regional myofascial pain, with trigger points present Travell JG, Simons DG. Myofascial pain and dysfunction: the trigger point manual. Vol 1.

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## **Clinical mastery in the treatment of myofascial pain**

CASE 5-1 CASE 5-2 CASE 5-3 CASE 5-3 (continued) Myofascial Pain and Dysfunction: The Trigger Point Manual, vol 1, 2<sup>nd</sup> ed. Cumulative trauma disorders and compression neuropathies of the upper extremities. 1. Simons DG, Travell JG, Simons I S. Myofascial Pain Shoulder Dysfunction and "Frozen Shoulder"

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